

Primary health care nursing education in Dalian

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In recent years, China has shifted its health policies to strengthen primary health care (PHC). The establishment of an urban primary health service system has been speeded up nationwide with emphasis on medical and health work for the elderly and patients with chronic diseases and healthy people, so as to provide safe, efficient, convenient and economical health services to them (Zhang, 2007). At the end of 2003, there were about 80,000 PHC nurses in China with a population of 1.3 billion people. China is confronted with inadequate supply of PHC nurses (He, 2006). As nursing educators, nursing school of Dalian University made effects on the following aspects:

1. Put the students' attitude toward primary health nursing right.

Currently, there is bias toward primary health nursing among nursing students of our school. They think it is more decent to work in hospitals, especially in general hospitals, than work as primary health nurses. To a certain extent, educators in nursing should be responsible for the phenomenon among the students. Although we hold Cap Conferment Ceremony, Lecture of Career Planning every year, we fail to emphasize the role of nurses in various fields, such as field of PHC. Therefore, teachers in nursing school should make students realize the importance of PHC and the key role of nurses in PHC. Nursing students should be encouraged to choose their career not only in hospitals but also in primary health services.

2. Help student nurses form their career passion

Nursing school of Dalian University initiated its primary health care service program in 2001. Students are organized to provide voluntary service and delivery health education for the residents of Dalian city every year. All of the students involve in the program and remarkable effects have been achieved. The communication ability of nursing students has been cultivated through participating in this program. Students have formed some passion to serve community during their academic study. In the year of 2008, the school cooperated with Dalian Branch of Red Cross Society of China. Then students can provide more services for the communities of Dalian city under the guidance of Red Cross Society of China. At the same time, students will form the passion for community nursing, as well as obtain the knowledge and ability to provide services in community.

3. Develop appropriate curriculum setting

Nursing schools should reform the curriculum setting in order to comply with the orientation of employment, like Primary Health Nursing, Family Nursing, Health Education. Nursing schools should cultivate both clinical nurses and PHC nurses possessing the knowledge and ability of providing nursing services in PHC sector, thus the problem of lack of human resource can be offset and the development of PHC can be promoted.

PHC has proposed a great challenge to nursing education filed. As nursing educator, we have explored some strategies to address the problem of lack nurses in PHC sector and low academic education among the nurses. But there is still a long way to go. We hope to have the precious suggestions of everyone.

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Health promotion strategies for the adolescences in Macau

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Preface According to data from Macau's Statistics and Census Service (2007), there are 78,400 adolescents aged 10~19 and 44,988 of them are taking secondary education. Recently, with the shifts of social model of Macau, adolescents' life style and personal values changed in various degrees. Through community assessment, nurses can understand the relationship between these changes and people's health. This article explores health problems of adolescents on campus, and proposes health promotion strategies for improving adolescents' health problem.

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大連初級衛生保健教育介紹

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近年來，中國的衛生政策已經向加強初級衛生保健工作傾斜。醫藥衛生工作的重點是強調為老年人、慢性病人及健康人群提供安全、有效、便捷以及經濟的衛生服務，城市初級衛生保健體系隨之也迅速在全國範圍內建立起來。截至2003年年底，中國13億人口僅擁有80000名初級衛生保健護士，中國正面臨著初級衛生保健護士短缺的局面。作為護理教育者，大連大學護理系在這方面取得了成效。